

Notes on Communion

1Corinthians 11:20-33 (NLT)

20When you meet together, you are not really interested in the Lord's Supper. 21For some of you hurry to eat your own meal without sharing with others. As a result, some go hungry while others get drunk. 22What? Don't you have your own homes for eating and drinking? Or do you really want to disgrace God's church and shame the poor? What am I supposed to say? Do you want me to praise you? Well, I certainly will not praise you for this! 23For I pass on to you what I received from the Lord himself. On the night when he was betrayed, the Lord Jesus took some bread 24and gave thanks to God for it. Then he broke it in pieces and said, "This is my body, which is given for you. Do this to remember me." 25In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this to remember me as often as you drink it." 26For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again. 27So anyone who eats this bread or drinks this cup of the Lord unworthily is guilty of sinning against the body and blood of the Lord. 28That is why you should examine yourself before eating the bread and drinking the cup. 29For if you eat the bread or drink the cup without honoring the body of Christ, you are eating and drinking God's judgment upon yourself. 30That is why many of you are weak and sick and some have even died. 31But if we would examine ourselves, we would not be judged by God in this way. 32Yet when we are judged by the Lord, we are being disciplined so that we will not be condemned along with the world. 33So, my dear brothers and sisters, when you gather for the Lord's Supper, wait for each other.

[ptents.com/s/1Co11.20-33](https://www.ptents.com/s/1Co11.20-33)

- Lord's Supper (Communion, Eucharist) is for all of us. We must think as One, and include others. (v. 20)
- The Lord's Supper can be both a ceremony or a meal together. When eating together, look out for others to eat sufficiently before yourself. (v. 21-22)
- The Lord's Supper as a ceremony is done to "remember Him." We should do this often because it keeps our minds centered as we remember Him. (v. 24-25)
- The bread represents the Body of Christ (Church, you collectively!), the wine represents the blood of Jesus that confirms the new covenant (v. 24-26).
 - "Announcing the Lord's Death" means you are proclaiming that Jesus died and has taken away our sins. As a result, we can have a relationship with God (that is the New Covenant!)
- If you do not honor God by examining yourself, let the Holy Spirit convict you of your sins (unforgiveness, hatred/bitterness, etc), the communion can hurt you! (Yet, not doing it is not letting Jesus wash your feet, not taking part in the Body). (v. 29-31)
- As you examine yourself, if God convicts you, respond (repent, or talk more to understand). God will convict you because He does not want to condemn you along with the world. (v. 32)
 - * See notes for 1Corinthians 10 for further details.
- So be consider one another and do it together, supporting each other for their benefit. (v. 33)

1Corinthians 10:17-18, 21 (TPT)

17For although we're many, we become **one loaf of bread** and one body as we feast together on one loaf.

18Consider the people of Israel when they fell into idolatry. When *they ate the sacrifices offered to the gods*, weren't they *becoming communal participants* in what was sacrificed? 21You can't drink from the cup of the Lord and the cup of demons. You can't feast at the table of the Lord and feast at the table of demons.

[ptents.com/s/1Co10.17-18,21](https://www.ptents.com/s/1Co10.17-18,21)

- You can't have your heart in the world and participate in the Lord's Supper.
 - Lay your worldly pursuits and drives before God (repent)
 - Ask God for help.

Matthew 26:17-30 (NLT)

17On the first day of the Festival of Unleavened Bread, the disciples came to Jesus and asked, "Where do you want us to prepare the Passover meal for you?" 18"As you go into the city," he told them, "you will see a certain man. Tell him, 19So the disciples did as Jesus told them and prepared the Passover meal there. 20When it was evening, Jesus sat down at the table with the twelve disciples. 21While they were eating, he said, "I tell you the truth, one of you will betray me." 22Greatly distressed, each one asked in turn, "Am I the one, Lord?" 23He replied, "One of you who has just eaten from this bowl with me will betray me. 24For the Son of Man must die, as the Scriptures declared long ago. But how terrible it will be for the one who betrays him. It would be far better for that man if he had never been born!" 25Judas, the one who would betray him, also asked, "Rabbi, am I the one?" And Jesus told him, "You have said it." 26As they were eating, Jesus took some bread and blessed it. Then he broke it in pieces and gave it to the disciples, saying, "Take this and eat it, for this is my body." 27And he took a cup of wine and gave thanks to God for it. He gave it to them and said, "Each of you drink from it, 28for this is my blood, which confirms the covenant between God and his people. It is poured out as a sacrifice to forgive the sins of many.

[ptents.com/s/Mat26.17-28](https://www.ptents.com/s/Mat26.17-28)

- Communion requires preparation / service / sacrifice for others (v. 18-19)
 - * Note in John's account (see John 13), the Last Supper is portrayed as Jesus washing disciples' feet
- Communion can include our enemies, people who would hurt us - but that's ok (v. 21-25)
- The bread represents the Church, the Body of Christ. (v. 26). By eating it, you recognize you are part of it. Part of Jesus. Part of one another. Part of the Church.
- The Wine represents the blood of Jesus that confirms the new covenant. (v. 27-28)
 - * New covenant replaces the old, where Mosaic Law had to be followed. Now, death of Jesus covers all our sins, and by faith in Jesus, we can have a relationship with God.
- You bless the bread, give thanks to God for the wine.